



## GENERAL CAMP PACKING LIST

The following packing list is provided for your convenience. It is intended as a guide. Clothing is laundered **once** during a two week stay by a commercial laundry. Do not bring clothing that requires special handling.

Permanently label each article of clothing, shoes and personal items with the camper's name.

The clothing can be packed in a trunk and the linens in a laundry or duffel bag. The trunk should not be higher than 14 inches so it can be stored under the bed.

### Clothing

7-10 pair shorts  
 10-12 t-shirts/tank tops  
 3 long sleeve shirts  
 3 pair long pants  
 2 sweatpants  
 2 sweatshirts  
 1 warm jacket or fleece  
 1 poncho or raincoat  
 12 pair underwear  
 12 pair socks  
 3-4 pair pajamas  
 1 robe  
 3 bathing suits

### Linens

2 blankets  
 2 sets twin or cot sheets  
 1 pillow  
 2 pillow cases  
 4 bath towels  
 2 beach towels  
 3 washcloths  
 2 laundry bags  
 1 sleeping bag for sleepouts

### Riding Attire

riding helmet  
 riding boots

### Toilet Articles

plastic container/shower caddy  
 toothbrush/toothpaste  
 soap/soap dish  
 shampoo/conditioner  
 brush/comb  
 nail clippers  
 deodorant  
 hair ties

### Optional Sports Equipment

We provide all sports equipment but you may bring your own.

### Miscellaneous

hoedown clothing  
 crazy party clothing  
 camera  
 daypack  
 flashlight w/batteries  
 stationery/stamps  
 sunscreen

hat  
 goggles  
 books  
 bug spray  
 water bottle  
 small battery operated personal fan

### Footwear

2 pair sneakers  
 1 pair water shoes  
 flip-flops

**Riding Attire:** Horseback riding is a daily activity for all campers. Your daughter will need a riding hat that fits well and bears the seal of the Safety Equipment Institute ASTM-SEI. It is best to have the helmet fitted at a local equestrian shop. If you do not have a local shop, you might try j.b.creighton, an independent tack shop in Chevy Chase, MD, which is the preferred provider for Camp Rim Rock as they carry everything your camper will need and provide personalized expert helmet fitting services in-person at the store or virtually via Zoom. Please visit the "Campers" section of [www.jbcreighton.com](http://www.jbcreighton.com) or email [jbcreightonstore@gmail.com](mailto:jbcreightonstore@gmail.com). You should have shoes designed for horseback riding. Your riding shoes can be either boots or tie shoes with a defined heel. The heel should be no higher than one inch; sneakers and hiking boots are not acceptable for riding. You may ride in jeans or any long pants. Tank tops are not permitted for riding — a shirt that covers the shoulders must be worn.

### ITEMS TO LEAVE AT HOME

**Food, cell phones, video players, electronics requiring an electrical outlet and weapons of any kind are prohibited. We discourage you from bringing valuable personal items to camp. Camp is not responsible for lost, stolen or damaged items.**