



CELEBRATING  
**69** SUMMERS





Camp Rim Rock is more than a great place. It is an experience filled with tradition, character and friendship. For nearly 70 years, campers have learned to ride horses, play sports, swim and appreciate the arts.

Learning to kick a soccer ball, trot on a horse and throw a bowl on a pottery wheel are all fun skills that will last a lifetime. Those skills are only part of the lesson. The “real lessons” are the ones the girls learn on the journey. Self-confidence, teamwork, empathy and perseverance are the skills that make camp such an important part of the development of children into happy and successful adults.

## THE BEST PART OF CHILDHOOD IS HAVING FUN!!

What better place to develop these skills than on our 500 acres surrounded by counselors whose goal it is to provide the opportunity for campers to have the best experience possible?

The best part of childhood is having fun. With girls from over 30 states and 12 countries, we hope to provide your daughter with a fun filled summer in a safe and caring environment. Considered one of the finest camps for girls, our reputation has been built on the belief that your daughter deserves the very best we have to offer.

We hope this brochure will give you a feeling for Camp Rim Rock. It is extremely difficult to demonstrate just how special Camp Rim Rock is in a brochure, so we invite and encourage you to visit us so we can show you Camp Rim Rock first hand.

We are eager to welcome your daughter as a new addition to our Camp Rim Rock family. We hope to help create some of the most special moments of her life.

**JOE GREITZER**  
DIRECTOR & OWNER



## OUR STAFF

### JOE GREITZER

#### DIRECTOR

Joe will be celebrating his 17th summer at Camp. He has an undergraduate degree from Emory University and a Law Degree from Georgetown Law School. He and his wife Robin have three children.

### TRECE LINGLER

#### EQUESTRIAN DIRECTOR

Trece grew up with a love of horses and has been an avid rider since childhood. Although originally from south of Atlanta, she spent 8 years working at different ranches across the American West. She has a Bachelor of Science in Diversified Agriculture and enjoys sharing her knowledge and passion of horses with the girls at camp.

### SUMMER STAFF

In addition to the year round staff, we have a large summer staff from the United States and overseas. They are individually interviewed and personally chosen for their experience, interest, and qualifications in working with children.







## HORSEBACK RIDING



Camp Rim Rock is widely regarded as having one of the finest riding programs for children in the country. Campers of all ages and abilities enjoy riding and eagerly look forward to the time they spend with the horses in the rings or on the wooded trails. More than half of our campers have their first real riding experience at camp.





# SAFE AND FUN FOR RIDERS OF ALL AGES AND ABILITIES

Camp Rim Rock owns a herd of over 70 well-schooled horses carefully selected for their suitability for riders of all levels. While campers are enjoying the fun of riding, parents can be assured that this activity is under qualified and careful supervision. Camp Rim Rock's safety record is second to none.

All campers receive riding instruction as a regular part of the camp schedule. This instruction includes ring lessons, trail rides, stable management and swimming the horses in the river!

- 70 HORSES
- 6 RINGS FOR LESSONS
- 500 ACRES FOR TRAIL RIDES
- CACAPON RIVER FOR SWIMMING THE HORSES
- 20+ RIDING INSTRUCTORS
- 2 BARNES DESIGNED SPECIFICALLY FOR CAMPER SAFETY







# EVERY CAMPER LEARNS TO BE AT HOME IN THE WATER

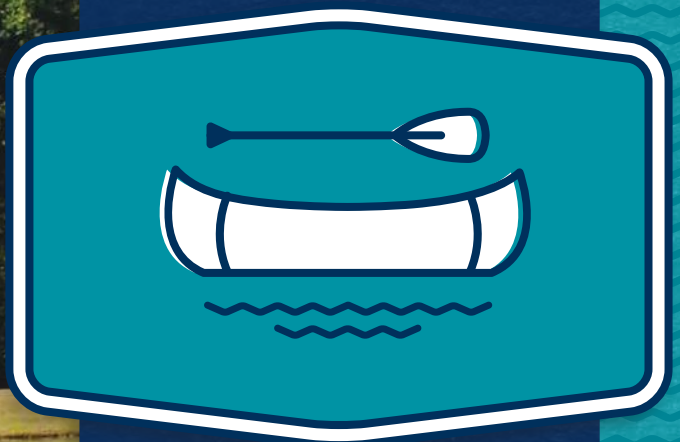
We believe swimming is an important life skill. Our goal is for all campers to feel comfortable in the water. Water Safety Instructors oversee instruction for all levels in our two heated pools. Our aquatics program is operated in accordance with American Red Cross standards.

Water aerobics, organized games and free swims are also part of our daily swimming program.

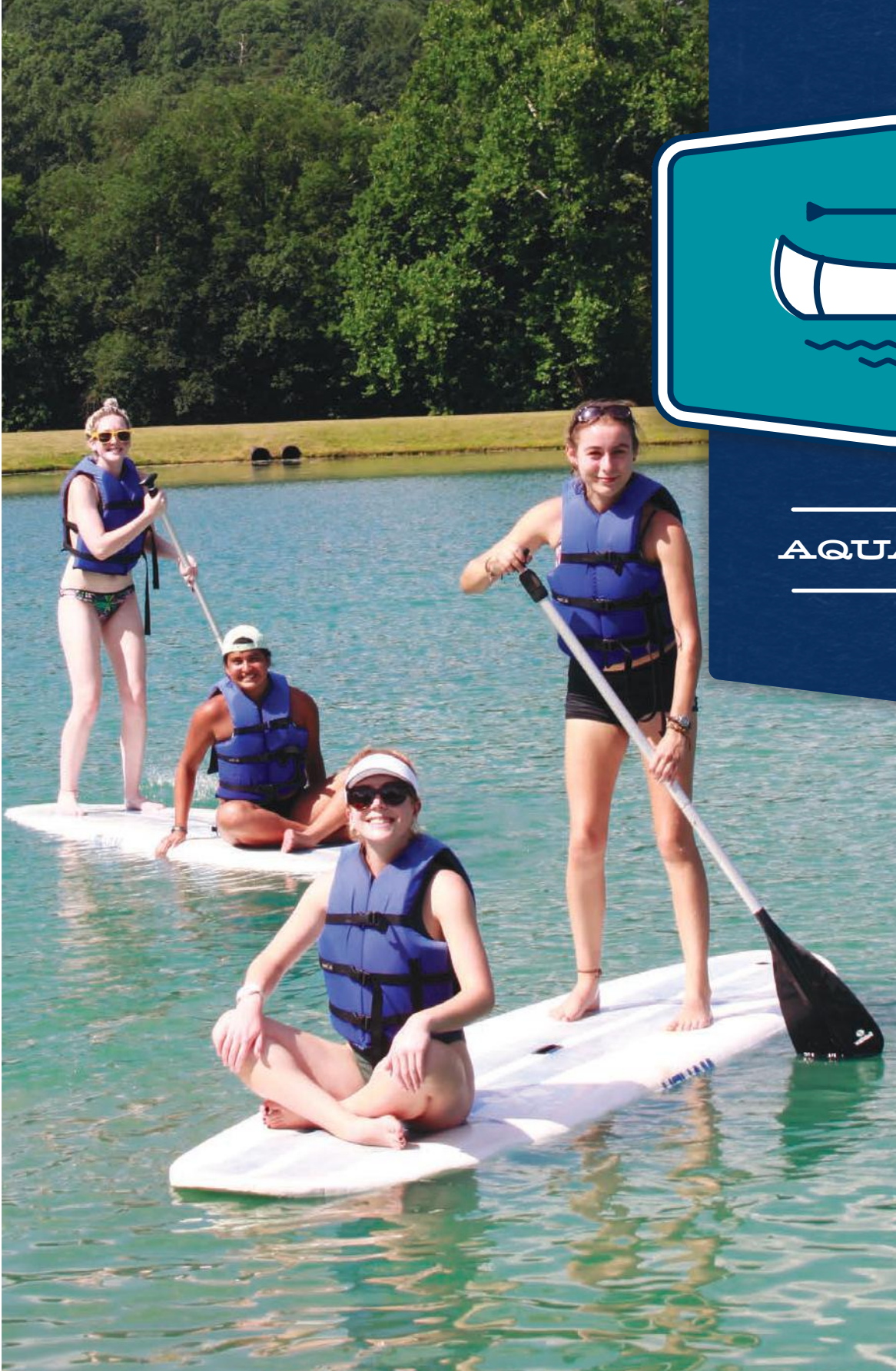
- PRIVATE LAKE AND BEACH
- 2 HEATED POOLS
- PRIVATE ACCESS TO CACAPON RIVER
- 20+ LIFEGUARDS
- KAYAKS
- STANDUP PADDLE BOARDS
- PEDDLE BOATS
- TUBING







## AQUATICS



Our two heated pools, private lake and beach and the Cacapon River create the perfect environment for fun in the sun. In the heart of camp, our private lake is perfect for stand-up paddleboarding, kayaking, swimming, beach parties and firework displays.





## PERFORMING ARTS



**T**here is a great tradition of singing at Camp Rim Rock. Campers sing everywhere; in the cabins, on the trails, in the dining hall, in performances, and we are told, in the car on the ride home from camp!





# UNLEASH YOUR INNER STAR!

Our Performing Arts program caters to the budding actress or the more casual participant.

The girls learn to work as part of a team, develop self-confidence, polish their singing and dancing skills, and have an overall great time.

The girls choose dance, drama or chorus with their friends for the session and get to perform on stage for the other campers during Performance Nights.

- DANCE
- DRAMA
- STAGECRAFT
- CHORUS







# IF YOU CAN IMAGINE IT YOU CAN CREATE IT!

At the Arts and Crafts Pavilion, campers can make friendship bracelets, design tie-dye t-shirts, dip candles, quilt pillows, sculpt paper mâché, and more.

In our Pottery Studio, campers are given the opportunity to practice different types of techniques with clay such as glazing, sculpting, throwing on the wheel and hand building.

- POTTERY
- BEADWORK
- PAPER CRAFT
- DRAWING AND PAINTING
- OTHER PROJECTS







## ARTS & CRAFTS

Campers have the opportunity to choose from a variety of fun projects. Camp Rim Rock has wonderful art classes to inspire the beginner or the aspiring artist. Campers develop their artistic abilities and learn creative ways to express themselves while developing technical skills and self-esteem.





## SPORTS



Our emphasis is on developing athletic skills while encouraging good sportsmanship and confidence. Campers choose which sports to participate in, and we encourage the girls to try new activities.





# GOOD SPORTSMANSHIP AND CONFIDENCE LEAD TO ATHLETIC SUCCESS



Camp Rim Rock boasts five tennis courts, a driving range and putting green, four large game fields, a covered basketball court, a volleyball court, an archery range and all of the necessary equipment.

Our counselors teach, coach and lead drills in a variety of exciting sports. In addition to golf, soccer, field hockey, lacrosse, softball, basketball, volleyball, tennis and archery, the girls are introduced to sports from around the world including netball, rounders, cricket, handball, and more.

- GOLF
- LACROSSE
- VOLLEYBALL
- SOCCER
- SOFTBALL
- ARCHERY
- FIELD HOCKEY
- BASKETBALL
- TENNIS







## GENERAL INFO



**G**olf, tennis, swimming, horseback riding, singing, arts and crafts and performing arts make for fun and exciting days. There is also chill time when campers read, write letters and relax. Special camp-wide activities such as Olympics, Color War, Hoedowns, Scavenger Hunts, Singdowns, Picnics, Campfires, Performances and the final evening's Candlefloat are highlights of each session.



## A TYPICAL DAY DURING A GENERAL SESSION

8:00 A.M.	"Rise and Shine"	2:00 P.M.	Siesta
8:30 A.M.	Breakfast – then cabin duties	3:00 P.M. – 6:00 P.M.	3 Activity Periods
9:30 A.M. – 12:30 P.M.	3 Activity Periods	6:30 P.M.	Dinner
1:00 P.M.	Lunch	7:45 P.M.	Evening Activities

## A TYPICAL DAY DURING RIDING CAMP

- RING LESSON
- STABLE MANAGEMENT
- TRAIL RIDE
- RIVER RIDE
- AQUATICS

## TYPICAL DAY AT MINI CAMP

All the same great activities as our general sessions, but fit into one week so there is no time for horseback riding.

## AGE GROUPS AND CABINS

We have more than one counselor for every three campers. Camp Rim Rock has six units with several cabins in each unit. Each unit operates like its own small camp. There are at least two counselors living in each cabin with the girls. The camp divides its campers into groups by their grade and age. Each unit has its own bath house with private showers, sinks and modern plumbing. We pride ourselves on the high return rate of our campers. We have many girls who have spent more than ten summers at Camp Rim Rock.

## SESSION INFORMATION

There are three 2-week General Camp sessions that may be combined into 4 or 6 week sessions. In addition, there are 2 1-week Horseback Riding Specialty sessions and a Mini Camp session. Many girls create a 3 or 5 week session by adding a week of Riding Camp to General Camp sessions.





## PARENT'S PAGE

### MAIL & PHONE CALLS

The camp mailing address is:

CAMP RIM ROCK  
343 CAMP RIM ROCK ROAD  
YELLOW SPRING, WV 26865

Letters are preferable to emails, faxes and packages.

Candy, snacks and other food are against camp policy. Books, magazines and other items that can be shared with your daughter's bunkmates are preferred. If you send packages, please make them small in size.

Phone calls at camp are disruptive to your daughter's schedule as well as to her ability to adjust to camp. To inquire as to how your daughter is doing, please call our office at 347-RIM-ROCK and a Program Director or a counselor will return your call. We do allow a phone call for campers staying three or more weeks after the first two weeks.

### VISITING

Camp helps your daughter develop self confidence. She needs to be wholeheartedly involved in what is going on at camp. Visits from home can disrupt this process. Therefore, we do not have a visiting day. If your daughter is staying for multiple sessions, arrangements can be made for a visit on the Saturday between sessions.

### PACKING LIST

The packing list is on our website. We ask campers not to bring valuable items. Cell phones are prohibited.

Camp Rim Rock's clothing suggestions have been made as simple and sensible as possible. Each article should be plainly marked with your daughters full name. Clothing is most easily kept in a trunk which can slide under the bed.

Laundry is done once during a two week session. Remember to mark everything. Do not bring clothing that requires special handling.





## TUITION

The tuition covers:

- ROOM AND BOARD
- SPORTS EQUIPMENT
- INSTRUCTION IN ALL ACTIVITIES
- CRAFT SUPPLIES
- LAUNDRY
- \$50 TRADING POST ALLOWANCE
- CAMP T-SHIRT

The tuition does not include West Virginia sales tax, medical insurance, riding helmet or transportation between camp and the airport. It is against our policy for counselors to receive gratuities.

A \$500 deposit per session, which is applied to tuition, is required upon enrollment. \$250 of this amount is a nonrefundable registration fee. Tuition payment, other than the \$250 registration fee, is refunded if cancellation is made prior to April 1. An additional \$500 payment per session is due February 1. The balance is due April 1.

## BIRTHDAYS

Many campers celebrate their birthday while at camp. We recognize her special day with a happy birthday from the entire camp, “bumps” and a birthday cake to be shared with her unit.

## FOOD GLORIOUS FOOD

We do our very best to make sure that our campers enjoy their meals. Breakfast, lunch and dinner are served “family style” in our Dining Hall. Our campers and counselors sit together to eat and socialize during meals. In addition to the meal that is served, we have “side tables” filled with options. We serve foods that are familiar - everything from a daily salad bar to Taco Tuesday - and also encourage a camper to try something new. Our counselors are there to assist and keep a watchful eye. Morning snacks, evening campfires with s’mores and other goodies, occasionally a baking class all add to the fun! Nothing makes us happier than when a parent asks us for our “secret” recipe.

Please contact us with any questions regarding food allergies.





## ABOUT



**G**ive your daughter an experience that will enrich her life with lasting friendships, life skills and memories. Camp Rim Rock is more than a great place. It is a great experience! Operating for almost seventy years and regarded by campers and camp professionals as one of the finest camps for girls.

## BENEFITS OF CAMP

Dr Wendy Mogel is a nationally-known clinical psychologist and educator who wrote the best-seller parenting book “The Blessing of a Skinned Knee”. She shared a story about a good friend of hers whose daughter was a freshman at college.

This woman’s daughter thrived in her first semester in college. She earned exceptional marks (making the Dean’s List) and she became president of the freshman class. During Parents weekend, her mother met the mother of a senior who was president of the entire student body and was weighing various job offers. The two mothers were sharing stories about their daughter’s college experience when the mother of the senior shared an unexpected thought: “I bet your daughter went to overnight summer camp.”

- Camp helps students adjust to being away-from-home by giving them practice being away-from-home.
- Camp enables children to experience successful independence. Like college, they are away-from-home. Unlike college, they are in a community committed to their physical and emotional safety.
- Camp also helps campers deal with uncertainty. The camper who comes to camp for several years gets multiple opportunities to strengthen his or her resilience muscle. By the time they go to college, they are much more confident and resilient.



## CAMP RIM ROCK FEATURES

- 220 girls from 6 to 15 years old
- Over 100 well trained staff dedicated to children
- Excellent supervision - camper staff ratio of at least 3:1
- Over 500 acres for hiking, riding, swimming, sports and FUN
- Private lake and beach
- Two heated pools with complete Red Cross swimming program
- Tubing on the Cacapon River
- 70+ well-schooled horses, 3 barns, 6 riding rings and miles of beautiful trails
- 5 tennis courts and acres of sports fields
- Golf driving range and putting green
- Climbing walls and ropes course
- Covered basketball court
- Fully equipped Arts and Crafts Pavilion and Pottery Studio
- Beautiful Amphitheater and Dance Pavilion
- Delicious home cooked meals
- Accredited by the American Camp Association
- Fully equipped infirmary with 2 full time nurses

**JUST 2 HOURS FROM  
WASHINGTON & BALTIMORE!!**



For more information or directions visit us at:

**[CAMP RIM ROCK.COM](http://CAMP RIM ROCK.COM)**

**[INFO@CAMPRIMROCK.COM](mailto:INFO@CAMPRIMROCK.COM) • 347-RIM-ROCK**





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